

## **Living Trans**

Presentation timeline

### ***Icebreaker activity: Identity***

**10 minutes**

Draw or write about something that you consider an important part of your identity. It can be about ethnicity, nationality, upbringing, gender identity, career, interests, or anything else you see as important and don't mind sharing. After five minutes of drawing or writing, I'll ask for about three or four volunteers to share what they've worked on.

### ***Brochure work: 'Finding Yourself' and the first portion of 'Transition'***

**10 minutes**

I'll discuss the contents of 'Finding Yourself' (three minutes); ask open-ended questions (two minutes), and do the same for 'Transition', until I reach the part about people transitioning with you.

### ***Activity: Important Changes***

**10 minutes**

Form into groups (if the group is large) and discuss changes that can cause great upheaval in someone's life. Have the groups discuss what they've come up with after five minutes for another five minutes. Try to choose people who haven't gone already for the first activity.

### ***Brochure work: Second portion of 'Transition', as well as 'Transphobia' and Politically Trans, and Trans Diversity (if there's time).***

**20 minutes**

I'll discuss the contents of the brochure, as well as what was discussed by the groups. Relate the discussion about upheaval to transition for both the transitioner and the people around them. Talk about how insecurity, and reaction to upheaval, leads to transphobia, and discuss transmisogyny.

### ***Pop Quiz/Evaluation Form***

**10 minutes**

I'll hand the participants the pop quiz/evaluation form.